

How to make sure your mask fits properly.

These are the three steps to properly fitting your mask:



1

Wear your mask over your nose and mouth and secured under your chin.



2

Make sure your mask fits snugly over your nose and against the sides of the face with the ear loops or strings secured.



3

If breathing while wearing your mask is uncomfortable or difficult, make necessary adjustments. If this doesn't fix the problem look for a different mask type or brand.



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