

How to make sure your respirator fits properly.

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These are the five steps to properly fitting your respirator:

1

Wear your respirator over your nose and mouth and secured under your chin.



2

If the respirator has a nosepiece, fit it to your nose with both hands.



3

The facepiece should cover your nose and mouth.



4

Facial hair can interfere with the face seal, so be sure to shave before putting on your respirator.



5

Be sure that you conduct a user seal check each time you put on your respirator.

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