How to make sure your mask fits properly.

These are the three steps to properly fitting your mask:

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Wear your mask over your nose and mouth and secured under your chin.



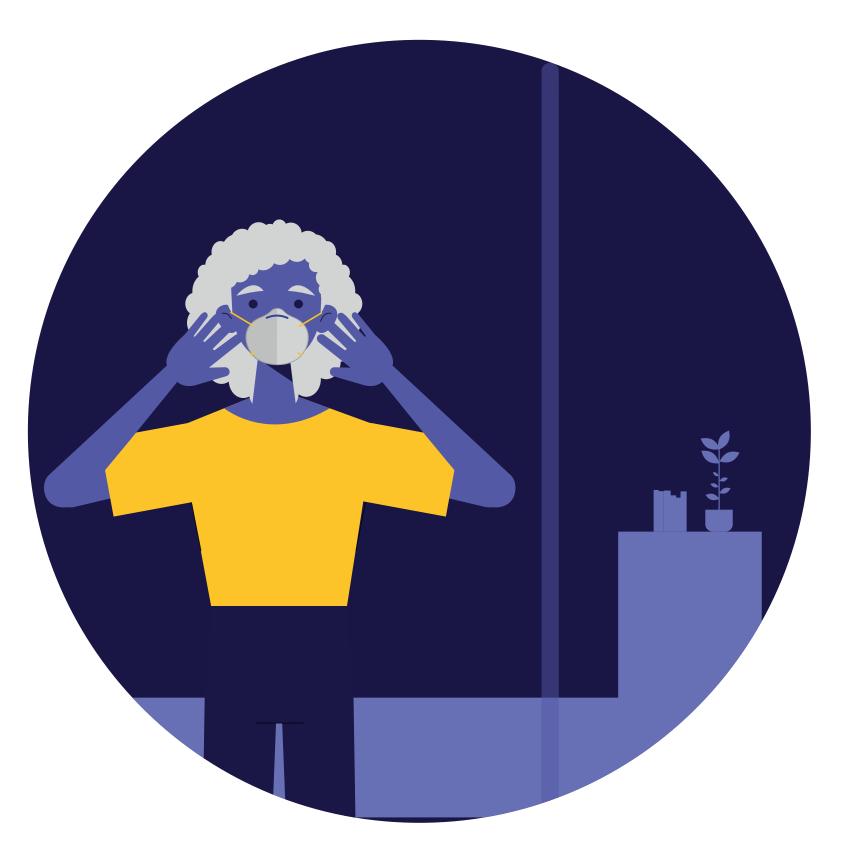


Make sure your mask fits snugly over your nose and against the sides of the face with the ear loops or strings secured.





If breathing while wearing your mask is uncomfortable or difficult, make necessary adjustments. If this doesn't fix the problem look for a different mask type or brand.



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